

EXPLORATIONS

Offered by **Center for Anthroposophy**

Location: Classes held at The Playgarden by the Sea, 223 8th Ave S, Jacksonville Beach, FL 32250

A program of foundation studies, workshops in the arts, and contemplative practices

PART 1: WEEKEND WORKSHOPS

October 19-21, 2018 Weekend Workshop

Anthroposophy and Self Development,
and Steiner's 6 basic exercises *with Torin Finser &*
Speech and Story Telling *with Debbie Spitulnik*

[Register
Here](#)

At a time of world conflict and polarization we need to be the change we long for in others.
Torin will introduce the basic exercises given by Rudolf Steiner to enhance self development and professional growth
for teachers, parents and all who seek a future worthy of our children.
Debbie Spitulnik will bring the art of speech formation to assist in self development, teaching and parenting.

November 16-18, 2018 Weekend Workshop

Phenomenology, Intuitive Thinking and Metalwork *with Michael D'Aleo*

This session will investigate the essence of the etheric or living thinking quality that underlies much of Rudolf Steiner's work. Through a series of readings and experiential exercises, we will begin to understand and practice this more dynamic and integrating thinking activity. This session will also include an artist element of metalworking. With simple tools, participants will work in either copper or silver as well as semiprecious stones to produce a piece of wearable art.

January 18-20, 2019 Weekend Workshop

Temperaments, Eurythmy and Form Drawing *with Carla Beebe Comey*

With roots in the ancient civilizations of India and Greece, and still relevant in psychological research today, study of the temperaments offers unique insight into our development as human beings. Eurythmy gestures also offer artistic insight into ourselves as human beings; they make visible the inclinations toward movement arising when we speak or sing.
As a complementary experience of movement, the dynamic forces fashioning the physical world can be experienced through drawing patterns rhythmically and harmoniously.

February 1-3, 2019 Weekend Workshop

Practical Training in Thinking: A Pathway to Human Freedom *with Douglas Gerwin and others*

In lucid and yet down-to-earth terms, Rudolf Steiner outlines concrete steps to improving our understanding of this uniquely human capacity. We will work with exercises Steiner suggests for improving our powers of observation and memory. Lively sessions of movement, as well as dramatic readings drawn from Goethe's challenging drama *Faust*, will round out the weekend, which will culminate with a consideration of key questions concerning the nature of human thinking and the obstacles in our time to human freedom.

March 13-17, 2019 Wednesday-Sunday Workshop

Theosophy-The Study of the Human Being *with Torin Finser &* Painting and Pastels *with Karine Munk Finser*

Using passages selected from *Guided Self-Study: Rudolf Steiner's Path of Spiritual Development*, participants will work with a framework for understanding the human as a being of body, soul, and spirit as well as introduce new ideas concerning human destiny and finding meaningful tasks in life.

Karine Munk Finser will introduce us to color as soul: warm and cool gestures and the colors "in-between". Polarities, and the striving for wholeness, is supported by color exercises that strengthen the self. Goethe, Steiner, and Kandinsky.

PART 2: SEMINARS

SEMINARS

Unique to the Jacksonville hub, seminar work in basic books will be woven into the artistic weekend workshops. Each instructor will carry aspects of the book *Guided Self-Study: Rudolf Steiner's Path of Spiritual Development*. In addition, participants are asked to read *School as a Journey*, and be able to discuss the content with the author in the opening and closing weekends workshops.

PART 3: ZOOM SESSIONS

ZOOM SESSIONS/WINDOWS ON WALDORF

Zoom sessions with *Alison Henry* will take place once a month, and are open to participants in all our Explorations hubs. This 10-month series is called Windows on Waldorf. Each session will focus on a theme arising from Waldorf education and will last 1.5 hours. Each theme will be presented with question and discussion following. Zoom Session dates and themes will be announced late summer.

Required Explorations Reading

Each participant is required to read: *Guided Self-Study: Rudolf Steiner's Path of Spiritual Development* by Torin Finser and *School as a Journey: The Eight-Year Odyssey of a Waldorf Teacher and His Class* by Torin Finser.

Additional reading may be given by individual instructors.

EXPLORATIONS JACKSONVILLE, FL FACULTY BIOGRAPHIES



Carla Beebe Comey joined the faculty of the Education Department at Antioch University New England in 2016. Over the course of the previous 26 years it was her joy to serve as eurythmy teacher, class teacher, math teacher, drama teacher, faculty chair, college chair and faculty administrator at Waldorf schools in Massachusetts, Oregon and Colorado. She has also been a Waldorf mentor and evaluator as well as an AWSNA delegate and accreditation team member. She was honored to serve on the General Council of the Anthroposophical Society in North America, 2011-2017. Education: M.Ed., Antioch University New England; B.A., Rudolf Steiner College; Eurythmy Diploma, Eurythmy Spring Valley. She completed her foundation studies and pedagogical eurythmy training at Emerson College in Sussex, England. She is co-author of *Working Together: Mentoring for Eurythmy Teachers*.



Michael D'Aleo left a career in engineering to become an upper grades class teacher before helping to found the high school at the Waldorf School of Saratoga Springs, where he taught physics. Co-author of *Sensible Physics Teaching, a guide for teaching physics in the 6th, 7th, and 8th grades*, Michael is Director of Research at the Saratoga Experiential Natural Science Research Institute (SENSRI) and lead teacher of a widely traveled course entitled "Teaching Sensible Science." He is also a central faculty member each summer of the Center for Anthroposophy's Waldorf High School Teacher Education Program.



Torin Finser served as Chair of the Department of Education and is currently part of the Senior Core Faculty in the Waldorf Teacher Education Program at Antioch University New England. Education: Ph.D. in Educational Leadership, Union Graduate School, M.A. in Education with Waldorf specialization, Adelphi University, B.A. from Bowdoin College. Torin has served as General Secretary of the Anthroposophical Society in America. Author of eleven books, most recently, *Education for Nonviolence: The Waldorf Way*. He is an international speaker at conferences around the world, consultant, and advocate for school renewal.



Douglas Gerwin - Executive Director of both the Center for Anthroposophy (CfA) and the Research Institute for Waldorf Education (RIWE). Visiting high school teacher in life science, history, literature, and music; lecturer and mentor to Waldorf high schools across North America. Adjunct faculty at Antioch University New England. B.A., Hons., University of Sussex; Ph.D., University of Dallas.



Alison Henry - a graduate of the AUNE Waldorf Teacher Education Program, has found her home in Keene, New Hampshire, just a short walk from Monadnock Waldorf School where she recently took a class through the grades. She now divides her time between doctoral studies, part-time class teaching, and teacher development. She finds inspiration in the lively dance between these roles.



Karine Munk Finser has taught painting, drama and anthroposophy as an art therapist and teacher for many years. As faculty at Antioch University New England, Karine initiated a master's degree program in Healing Education. She also serves as the summer Renewal Program Director for the Center for Anthroposophy.



Debbie Spitulnik began her Waldorf career at Washington Waldorf School as the speech and English skills teacher and substitute for grades 1-12. Debra was a class teacher at WWS for 21 years. She received her Goetheanum diploma as a Speech Artist from PerformInternational in 2016. Debra now combines these two loves, bringing Creative Speech to the children and faculty of WWW. Her unique perspective from years of Class Teaching enlivens plays, poetry and story in grades 1-12. Additionally, she serves as a Lower School Substitute and Mentor of teachers in the lower grades. Debra is also an Adjunct Instructor teaching speech, drama, storytelling and curriculum to graduate students at Antioch University New England.

Registration for Jacksonville, FL Explorations

Registration is currently open for this hub in Jacksonville, FL

[Register/Pay Here](#)

For more information please contact Center for Anthroposophy

Center for Anthroposophy, P.O. Box 545 Wilton, NH 03086 (603) 654-2566

info@centerforanthroposophy.org

